



White Bear Lake
4465 White Bear Parkway
Phone: 651-209-6144
Fax: 651-209-6145

Plymouth
56 Nathan Lane N.
Phone: 763-746-0907
Fax: 763-746-3659

www.grovespt.com

Newest Research • Fewer Visits • Best Results

All Therapists are Fellowship Trained

Unlike any other Physical Therapy practices in MN and the United States, Groves Physical Therapists are required to complete a Post Doctoral Fellowship. This highest level of training is achieved by 2% of Physical Therapists nationwide. The investment Groves PT makes to education means patients get better faster!

Ongoing studies include:

- Whiplash (cervical dizziness)
• Heal Pain

PATIENT INFORMATION

Name
Home Phone
Cell Phone DOB

REFERRING PROVIDER INFORMATION

Provider Name
Provider Clinic
Staff Contact Name
Phone Fax

TREATMENT PRESCRIPTION

Diagnosis
Duration/ Frequency
Precautions/ Recommendations

EVALUATE AND TREAT

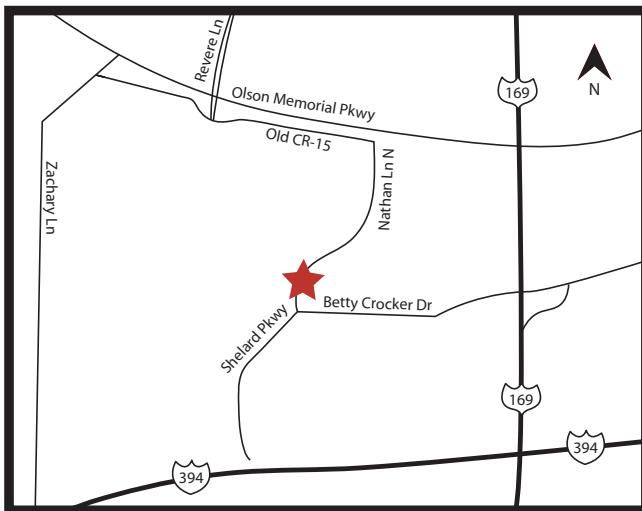
- Hip Shoulder Lumbar
Knee Elbow Cervical/Thoracic
Ankle/Foot/Heal Wrist TMJ
Whiplash/ Cervical Headaches
Cervical Dizziness
Acute Chronic Post-Surgical

If Work Comp Consider:
Include Onsite Visit to Coordinate
Timely RTW and Ergo Considerations

Physician Signature Date

The Difference for Your Patient is Our Education

## Plymouth



### From Highway 55 (Olson Memorial Hwy)

Turn south on Revere Lane. Turn left at the first stop sign. Go 1 block and turn right on Nathan Lane. Turn left @ Access Imaging - Open MRI. Go around to other side of the building. Groves PT will be on your right.

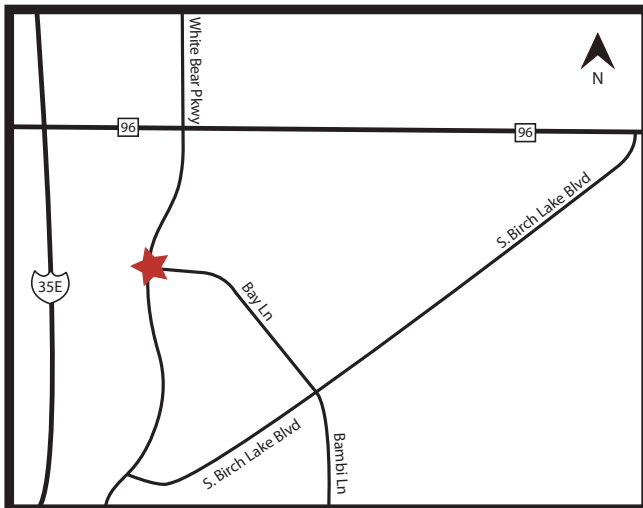
### From 394 (East) or Hwy 12 (West)

Exit 169 North. Follow directions below.

### From 169 (North or South)

Exit on Shelard Pkwy/Betty Crocker Drive. Turn left (west) at top of exit onto Shelard Pkwy. Go 2 blocks and turn right at the Willow Creek Movie Theater. Groves PT will be the left side of the parking lot.

## White Bear Lake



### From the North

Follow 35E South and Exit on Hwy. 96. Turn left (East) on 96. At second stoplight turn right (South) to White Bear Parkway. We are located approximately 1/10 of a mile from 96 on the right side of the road.

### From the South

Follow 35E North of 694. Exit on Hwy. 96 and turn right (East) on 96. At first stoplight turn right (South) to White Bear Parkway. We are located approximately 1/10 of a mile from 96 on the right side of the road.

### From the East

Follow Hwy. 96 West of Hwy. 61. Turn left (South) to White Bear Parkway. We are located just a short distance from Hwy. 96 on the right side of the road.

### From the West

Follow Hwy. 96 East of 35W. Turn right (South) to White Bear Parkway. We are located just a short distance from Hwy. 96 on the right side of the road.