

Curriculum Vitae

John V. Groves PT, DPT, OCS, FAAOMPT



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Credentials

Doctor of Physical Therapy
Board Certified Orthopedic Clinical Specialist
Fellowship in Orthopedic Manual Physical Therapy

Education

Doctorate of Physical Therapy Regis University, Denver, CO	2007
Fellowship in Orthopedic Manual Physical Therapy (FAAOMPT) Regis University, Denver, CO	2007
Masters of Physical Therapy Mayo School of Health Related Sciences, Rochester, MN	2002
Bachelors of Science of Athletic Training South Dakota State University, Brookings SD	2000

Board Certification (s)

Orthopedic Clinical Specialist (OCS) American Board of Physical Therapy Specialties	2006
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Teaching Experience

Adjunct Faculty- Regis University Denver, Co Transitional Doctorate Program & Fellowship in Manual Therapy Program.	Current
Adjunct Faculty- U of M Family Practice Residency Program	Current
Assistant Instructor -Lumbo-Sacral Manipulation Course Evidence in Motion, LLC St Louis Park	2008
Assistant Instructor - Lumbo-Sacral Manipulation Course Evidence in Motion, LLC Minneapolis	2006
Assistant Instructor -Lumbo-Sacral Manipulation Course Evidence in Motion, LLC, Salt Lake City, UT	2005

Professional Organization/Activities

American Physical Therapy Association (APTA)
American Academy of Orthopedic Manual Physical Therapists (AAOMPT)
MN Association of Rehabilitation Providers (MARP)

Work Experience

Owner/Physical Therapist Groves Physical Therapy, Inc.

2004 – Current

Evidence based orthopaedic practice whose mission is to improve outcomes and decrease cost by providing the most appropriate care according to the latest peer reviewed literature.

Staff Physical Therapist Appleton Medical Center/Theda Care at Work

2002 – 2004

Caseload consisted of about 75% spine patients and 25% general orthopaedic. Also performed Functional Capacity Evaluations and pre-work screens using the Isernhagen method.

Research Participation

Lateral Epicondylalgia

A Comprehensive Approach of Manual Therapy and Exercise for Lateral Epicondylalgia: A Case Series.

Underway

Shoulder Pain

Development of a Clinical Prediction Rule to Identify Patients with Shoulder Pain Likely to Benefit from Cervico-thoracic Manipulation.

Underway

Lumbar Spinal Stenosis

“The Management of Lumbar Spinal Stenosis with Manual Therapy and Orthotics: A Case Study.”
Poster presentation; national conference for American Academy of Orthopedic Manual Physical Therapists in October of 2005 in Salt Lake City, UT – Poster Presentation

2005

Academic Career Development

Segmental Stabilization Training

John Tomberlin – Appleton Medical Center

Principles of Manual Medicine

Michigan State University, East Lansing

Muscle Energy: Level 1

Michigan State University, East Lansing

Direct Action Thrust: Mobilization with Impulse

Michigan State University, East Lansing

FCE/FJA/PWS Training

Isernhagen Work Systems – ThedaCare at Work

A Biomechanical Model for the Evaluation and Treatment of the Lumbar Spine and Pelvis

Mark Bookhout MS PT- Appleton Medical Center

The Management of Lumbopelvic Disorders

Tim Flynn PT, PhD, OCS, FAAOMPT- Regis University

The Management of Cervical Thoracic Disorders

Tim Flynn PT, PhD, OCS, FAAOMPT- Regis University

The Management of Lower Extremity Disorders

Julie Whitman PT, DSC, OCS, FAAOMPT – Regis University

The Management of Upper Extremity Disorders

Josh Cleland, PT, DPT, PhD, OCS, FAAOMPT –Regis University

Stott Pilates Certification Course

Spinal Manipulation: Fourth Update

For Physical Therapists, Osteopathic Physicians and Medical Doctors-University of Oklahoma